



Component of Statistics Canada
Catalogue no. 96-325-XIE2007000 Canadian Agriculture at a Glance

Article

The soybean, agriculture's jack-of-all-trades, is gaining ground across Canada

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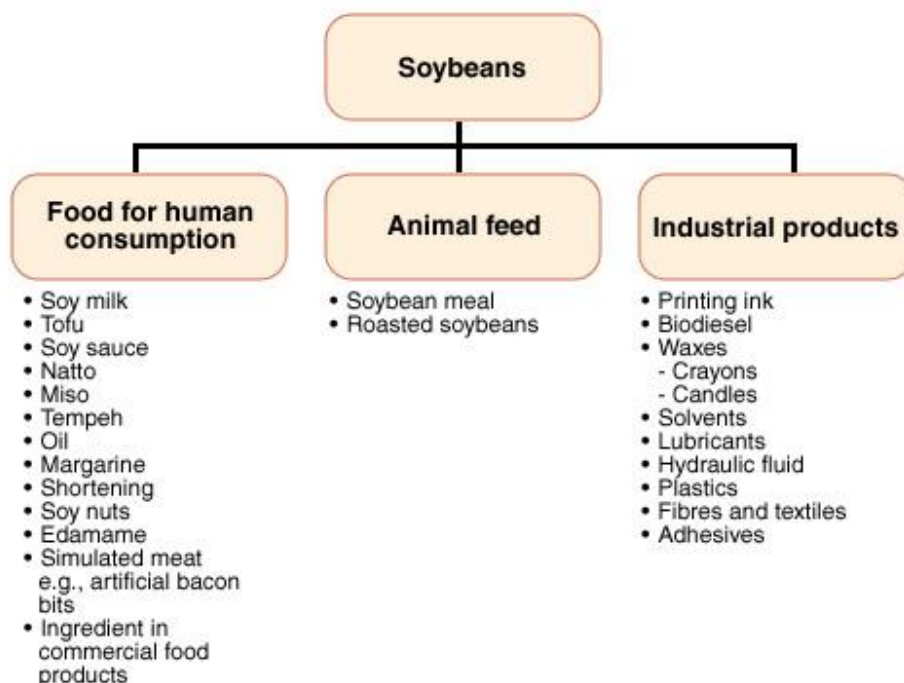
October 26, 2007



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Figure 2 One crop many uses



Source: Statistics Canada, Census of Agriculture, 2007.

**Table 3
Average soybean composition**

Characteristic	Oil, feed and meal soybeans	Soy milk/tofu soybeans
Seed size	16 g to 19 g/100 seeds	>20 g/100 seeds
Colour	Beige with dark hilum	Very light with clear hilum
Oil content	18% to 21%	17% to 19%
Protein content	36% to 40%	44% to 47%
Soluble sugar content	10% to 11%	11% to 13%
Insoluble sugar content	21% to 25%	21% to 25%
Minerals	5%	5%

Source: Agriculture and Agri-Food Canada, Cultivating Concepts, 2001.